

Deadly Thinking YOUTH Presenter Workshop Evaluation



Feel free to write exactly what you think – there are no right or wrong answers.

Your answers are **ANONYMOUS** and your participation is voluntary.

NOTE: Anonymous/de-identified comments may be used to promote Deadly Thinking

Location:

Date:

Thoughts on the workshop:

1. How helpful did you find the Deadly Thinking YOUTH Presenter workshop?

VERY UNHELPFUL	UNHELPFUL	NEITHER	HELPFUL	VERY HELPFUL

2. Please circle the answer that seems right for you:

	STRONGLY DISAGREE	DISAGREE	NEITHER	AGREE	STRONGLY AGREE
I am confident about running a program to enhance young people's social and emotional wellbeing					
I feel well-equipped to run such a wellbeing program					
I understand factors that can challenge young people's social and emotional wellbeing					
I understand the different ways those challenges can manifest themselves					
The facilitator presented the workshop well					
I understand strategies for strengthening young people's social and emotional wellbeing					
I am confident to yarn with young people about emotional wellbeing					
I would know what to do in an emotional health crisis					
The content was really relevant for Indigenous youth in my community					
I know about risk factors associated with suicide					
I felt well supported by the presenter to present my own section					
I think that DT YOUTH could make a positive difference for young people in my community					
I really valued the presenters knowledge and understanding on the topic					

3. What did you like most about Deadly Thinking?

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4. How could Deadly Thinking be improved?

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Thoughts on mental health:





5. Please circle the answer that seems right for you. Following the workshop my knowledge of social and emotional wellbeing is:





1 2 3 4 5 6 7 8 9 10





6. Please read each line and circle the answer that seems right for you.

Following the workshop, would you:





STRONGLY DISAGREE DISAGREE AGREE STRONGLY AGREE

...take the opinion of someone who has a mental illness less seriously    





...consider someone who has a mental illness to be dangerous    





...hesitate to do business with someone who has a mental illness    





...think badly of someone who has a mental illness    

...consider mental illness to be a sign of personal weakness    

...hesitate to entrust your child with someone who has a mental illness    

...not even take a look at an application from someone who a mental illness    

...not enter into a relationship with someone who has a mental illness    


























...feel uneasy when someone who has a mental illness moves into the neighbourhood    

7. What else could be done to improve the wellbeing in your country?


























































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Thoughts on help-seeking:

8. Please circle the answer that seems right for you. Following the workshop, if you were having an emotional health problem, how likely is it that you would seek help from:

	VERY UNLIKELY		NEITHER	VERY LIKELY	
Partner (boyfriend or girlfriend, spouse), friend or family member					
Health professional (ATSI mental health worker; AMS; Doctor)					
Community leaders (Elders, educators, helpers, traditional healers)					
Phone helpline, e-health, apps					
Other					

9. Please read each line and decide how important it would be in stopping you from seeking help.

	STRONGLY DISAGREE		NEITHER	STRONGLY AGREE	
I don't want to sound like I'm complaining					
I don't think it is good to talk about suicidal thoughts					
The problem wouldn't seem worth getting help for					
I prefer to just put up with it rather than dwell on my problems					
I'd rather not show people what I'm feeling					
I don't know how to yarn about something like this					
I don't trust doctors or other professionals					
Privacy is important to me and I don't want other people to know about my problems					
I wouldn't know what sort of help was available					
It would seem weak to ask for help					
Problems like this are a part of life; they're just something you have to deal with					
I would think less of myself for needing help					

Thank you for your time and input.

Look after yourself, your family, and your community.

**Fold your evaluation
and hand back to your
facilitator before you go**